



<p>April 2018</p>	<p>A Year-Round Recreation Club Since 1971</p>	<p>Vol. 47 Issue 4</p>
<p>In this Issue:</p> <p><i>Saturday, April 7</i> Spring Into Shakespeare at Mitchell Parks Domes Juanita Becker</p> <p><i>Friday, April 20</i> Club Meeting "People Passion" Carol Doebeler</p> <p><i>Saturday, April 21</i> Board Games Night Rita Keber</p> <p><i>Saturday, April 28</i> World Tai Chi Day Kayleen Kauffman</p> <p><i>Sunday, June 3</i> UPAF Ride for the Arts - Nordics Team Sally Heuer</p>	<p>Monthly Meeting And Events</p> <p>"Peoples Passion" April's Monthly Meeting <i>Friday, April 20th, 6:15pm</i></p> <p>April's Monthly Meeting will feature presentations by Vicki Samolyk, Sally Heuer and Steve Culver. Come and be inspired by accounts of their two separate journeys in Europe.</p> <p>Maybe you've seen a movie called "The Way" about a pilgrimage journey on foot across northern Spain to the famed city of Santiago de Compostella. After seeing the film for the first time on a Nordic Ski Club bus trip, Vicki Samolyk was inspired to walk the Camino de Santiago with a friend (and former Nordic Ski Club member) Chris Shaffer in the spring of 2016. Join her as she walks in the footsteps of Martin Sheen and thousands of other pilgrims, sharing her pictures and stories of this historic route.</p> <p>Sally and Steve have sailed in the waters of the Caribbean, Gulf of Mexico, Maine, and the Great Lakes. In the fall of 2017, they had an opportunity to achieve their dream of sailing in Greece. Due to their sailing and culinary skills, they were invited to crew with a Milwaukee resident who keeps a sailboat in a marina near Athens. Share their adventures in the northern Cyclades and eastern Peloponnisos as they visited ancient archeological sites and historic, picturesque towns in the Aegean Sea.</p> <p>6:15 p.m. Gather, socialize and eat dinner. Tapas (Pizza) and Greek Salad will be provided, as well as water, soda, and dinnerware 7:15 p.m. Peoples Passions program begins 9-10 p.m. Socializing</p> <p>Location: Greenfield Park Pavilion 2028 S. 124th Street, West Allis</p> <p>If you have questions about this event please Contact NSCM President Carol Doebler at tortoiseski@wi.rr.com.</p>	<p>Volunteers</p> <p>The Nordic Ski Club runs on volunteers. Please contact Renee Couture at acoutrr@att.net if you are interested in learning more.</p> <hr/> <p>Club Membership</p> <p>Membership Renewals due Oct. 1. Renew online. Then pay through PayPal or mail check to Pat Doornek. Dues - Individual \$25 Household \$35 Must be a current member to book ski trips at member rate.</p> <hr/> <p>Web Tips</p> <p>Adjust your profile settings so that fellow Nordic Members can see your name, address and phone numbers. Select "Members Only" to protect the information from the general public. Go to www.nordicskiclub.org and login to your profile. The login is in the upper right-hand corner. From there, the Member Tab will appear on the menu. Full instructions are located on that page in a PDF file.</p>
<p>Contact Us:</p> <p>Email nordicskiclub.mke@gmail.com</p> <p>For membership information, call Pat Doornek 414-906-0629</p> <p>Nordic Officers</p>	<p>Spring into Shakespeare at Mitchell Park Domes <i>Saturday, April 7, 10:00 am</i></p>	

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newsletter@nordicskiclub.org**Membership Chair:**Pat Doornek
414-906-0629

Join Fellow Nordics for a self-guided walking tour of the Mitchell Park Horticultural Conservatory ([The Domes; 524 S. Layton Blvd., Milwaukee, WI 53215](#)) on Saturday, April 7 from 10-noon. The floral show domes will feature a "Shakespeare in Love" Flower garden. Admissions is \$8, with discounts of \$1 for MKE County residents, people with AAA membership cards, and MKE County Seniors 60+ are \$5 with proof of residency. Interested parties can attend the MKE Winter Farm market in the Domes Greenhouse Annex beginning at 9 AM or eat lunch/shop there afterwards. RSVP to Juanita Becker via phone or text [262-501-1746](tel:262-501-1746). Hope to see you there!

2018 BIRKEBEINER

This year's Birkebeiner XC Ski Marathon from Telemark to Hayward, WI was held on Saturday, February 24 while the Korteloppet and Prince Haakon were held on Friday, February 23 for the first time. The racers on Friday had to deal with 7 in. of new snow that fell Thursday night, but temps were in the upper 20's making for a nice day.

Saturday's weather started out in the mid to upper teens for most of the NSCM skiers but quickly rose to the low 30's by the afternoon with light winds making for ideal conditions. Birkie skiers even had a slight tail wind instead of a head wind skiing across Lake Hayward near the end of the race. The course had great fresh snow coverage, although the uphill on the first half of the skating course had lots of loose snow making for slow skiing. The uphill after Cty OO were much better.

Congratulations to all Nordics who finished either the 50 km Skate Birkebeiner, 55 km Classic Birkebeiner, 29 km Korteloppet, or the 15 km Prince Haakon race! Classic racers are indicated by ©. Times listed below are for club members. My apologies to any member who was accidentally omitted. (Paul Keber)

Birkebeiner Times

Michael Dix	4:32:06.4
Robert Garner	3:41:31.7
Mary Lou Geralts	4:08:19.4
Paul Keber	3:40:12.4
John McCarthy	4:26:26.1
Terry Meyer	3:58:29.0
Joseph Stuber	3:39:38.8

Korteloppet Times

Elly Miller©	2:45:12.8
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Prince Haakon Times

Joanne Ziarek	3:41:22
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Board Games Night

Saturday, April 21, 7:00 pm

Meet at the Keber's house for board games night on Saturday, April 21st

Add Photos To The Nordic Website

As a member of the Nordics, you may upload photos to your personal photo album or to the public albums. Simply log-in so all member privileges are available. Then the upload and edit buttons are visible for you to add to the fun. Need help? katiebivens@ymail.com

Next Month,
Look For:

**Milwaukee River
GSP Canoe Trip
May 5th & 6th**
Mike Craig

**Doctors Park Hike
May 12**
Mike Craig

**Exploring Cuisines
Restaurant
May 17th**
Cindy Wiktorek

**Bark River GSP
Canoe Trip
May 19th**
Mike Craig

**Starved Rock
State Park Hike
May 20th**
Cathy Ward

**Local Bike Ride
May 26th**
Paul Keber

**Milwaukee River
GSP Twilight
Paddle
May 30th**
Debbie Luetzow

New memberships or renewal forms may be mailed to:

Pat Doornek
3463 N. Newhall St.
Milwaukee, WI 53211

at 7:00 p.m. Bring your favorite games and an appetizer or dessert to share. Beverages will be provided. Please RSVP to 262-547-4827 or email rkeber@milwpc.com by Friday, April 20.

Directions: Take I-94 West to Hwy. T/Waukesha, exit # 293 (right after the Hwy. 16 exit). Turn left and go south on Hwy T (Grandview Blvd.) about one mile. Turn right onto Northview Road and go 2 blocks to Pebble Valley Road. Turn right and go 0.2 miles to Cobblestone Court. Turn left onto Cobblestone Court. It is the first house on the right side, [2000 Cobblestone Court](#).

World Tai Chi Day

Saturday, April 28, 10:00 am

Each year on the last Saturday in April, communities around the world host special events to celebrate the powerful benefits of Tai Chi and Qi Gong.

[ShaoLin Center in Waukesha](#) will open their doors to the community on Saturday, April 28 at 10:00 a.m. Anyone wishing to participate in a World Tai Chi and Qi Gong Day meditation is invited. We will meet at ShaoLin Center for the event. NSCM members may join me for lunch and a walk in Waukesha following the event.

[ShaoLin Center](#)
[400 Travis Lane, #32 Waukesha, WI 53189](#)
262-548-8824

Join your NSCM leader Kayleen Kauffman for this event. No reservations required, but do let me know if you plan to attend: (H) 262-549-2389 or (C) 262-501-9280.

UPAF Ride for the Arts - Nordics Team

Sunday, June 3

Are you a fan of the music and arts community in SE Wisconsin? Join the Nordic Ski Club Cyclers Team on Sunday June 3, for the UPAF Ride for the Arts. Sally Heuer is the Team Captain, for the 25-mile Own the Hoan route.

Register between now and April 30 for \$50
Registration after May 1 is \$65
Event Day registration is \$75

Here's the link to register: <http://upaf.org/upaf-events/ride/>

Questions? Contact Sally Heuer at smiles@comp911.com

Valley Spur Trip Brings Variety

By Sally Heuer

Our final ski trip of the season to Valley Spur in Munising March 2-4, 2018 offered plenty of fun. The Nordics always schedule this trip to

If you are interested in leading a Nordic Event, or have a great idea for a member event, please contact a member of the Program Committee or Paul Keber, pkeber@milwpc.com

coincide with Valley Spur's Taste & Glide fundraiser on the first Saturday in March. Many of us agreed that the Taste and Glide offerings get better and more diverse every year. Peggy Carberry of The Cooking Carberrys provided homemade soups, sandwiches, fruit, cookies, and salads galore. Brats and s'mores were served by the fire pit outside the lodge, while two food stations were set up along the B trail. Soup and homemade bread were also available to our group on Friday and Sunday.

The bus took us straight to Valley Spur on Friday for afternoon skiing, as there wasn't enough snow for skiing anywhere south of the UP. Both Saturday and Sunday, high temps were in the upper 30s. Snow conditions were not ideal, but this led to some creative organizing of other outdoor events.

Ruth Zadel arranged for our bus driver Jim to take a group to hike the bluffs at Sand Point on Saturday, and to visit the ice curtains. On Sunday, Ellen Riley arranged for a dozen people to visit the ice caves. This is a very weather-dependent special event, only possible during years when Lake Superior's ice is solid enough to provide safe conditions. Tom and Dave, their snowmobile ("sled") guides, met the group at our hotel. Each sled towed a trailer, so three guests could ride along per trip. Ellen describes her adventure: "Once we were on the frozen surface of the lake, he accelerated to 20 mph and it felt like we were going 100 mph! It is a very different, adrenalin-filled feeling to be zipped around on the back of a snowmobile! Fun with a side of prayers. About a 10-minute ride brought us to an ice curtain along some limestone that was truly breathtaking! We also took a visit to the old lighthouse on the return trip."

This year, everyone in our group got a room with a Lake Superior view at the Holiday Inn Express in Munising. Many of us were out on our balcony taking sunrise and sunset photos.

The Valley Spur trip was sold out early, with a long waiting list. By the morning we departed, there had been 10 cancellations. It's worthwhile to get on a waiting list!

Kudos to our trip leader Stan Rosenstiel for making this trip run smoothly. Our bus driver Jim was terrific, taking people back and forth from the Holiday Inn Express to downtown Munising both nights, and being so gracious about extra trips.

Whether you skied, snowshoed, or visited ice caves, please post your photos of this trip. Here's a link to the Nordic web site:

<http://nordicskiclub.org/page-1760623>

Minocqua Musings

By Sally Heuer

The irony of getting on an early morning bus to head north for skiing was not lost on club members who battled traffic after a winter storm dumped up to 6 inches of snow in Milwaukee the morning of February 9. The group stopped in Wausau for some fine skiing at Nine Mile Forest on Friday. Before getting our ski passes, trip leader John McCarthy asked how many of us were over 60 (to be eligible for the senior discount). More than half of us raised our hands. Still, it was nice to see a

few younger faces on the trip. Nordic board member Steven Fabina brought his son Jacob, age 29. A photo of the two of them on the Minocqua trip portion of our website: <http://nordicskiclub.org/page-1760622/81495116#photo>. Younger people are always welcome on our ski trips!

Skiing was excellent, with plenty of snow. Weather was seasonably cold. Winter Park has added some “Wilderness” classic only trails in the past couple of years. Winter Park staff offered guided tours through these new areas. This is a scenic, sometimes challenging addition to the existing 50 miles of groomed skate/classic trails. The Tea House off Nepco’s Cruise and Cedar Creek trails is a cozy rest stop.

Our trip leader John had an extra challenge this year, dividing members between two hotels: the Best Western and the AmericInn across the street. Due to room renovations, there weren’t enough rooms available for our entire group at the Best Western.

Many dining opportunities are within walking distance of the two hotels. The Greek owners of the Island Café agreed to stay open for Friday night dinner and more than 20 Nordic guests enjoyed walleye and other specialties. The Minocqua Brewery was another favorite. Also, Kobe Sushi had something for both vegetarians and pescatarians.

We thank our intrepid trip leader John, and our good-natured bus driver Jim. If you haven’t posted photos of this trip on the Nordic website, please do so! Here’s the link: <http://nordicskiclub.org/page-1760622>

Mark Your Calendar!

- Summer Picnic – VOLUNTEER LEADER NEEDED. Date and location to be determined.
- Peninsula State Park Camping – Thursday, August 30 to Monday September 3.

[Join/Renew Online](#)

**Nordic Ski Club of Milwaukee Inc. (NSCM)
is a membership-based outing association
active year-round since 1971.**