**December 2022** 

**Year-Round Recreation Since 1971** 

Vol. 51 Issue 12

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Put on a holiday cap (or cape) for the Dec. 4 Nordic Ski Club holiday soup and costume party

# **Monthly Meeting And Events**

Holiday Party, Hike, Hot Soup, Cookies, Costumes, Ski Swap Sunday, November 6, 1:00 pm

Bring some holiday spirit and a can of soup to Lapham Peak State Forest Sunday, December 4.

Coming Up:

Nordic Ski Club to Ski the Nordic Trails January 8, 2023

Nashota Park Ski/Snowshoe Outing January 14, 2023

Ski Lessons and Winter Picnic January 15, 2023

Valley Spur Bus Trip January 20-22, 2023

Wear your Santa hat, elf cap, or holiday garland, if you want. Win a prize for the best outfit. And bring any old ski equipment you want to donate or swap. The Nordic Ski Club of Milwaukee's holiday party will be an outdoor event with a hike and then hot lunch. For the hike meet Paul Keber at 10:45 a.m. at Lapham's Mike Fort covered shelter off the Homestead Hollow parking lot. (If we should have a last-minute snowstorm, we could make it a ski outing.) From about 12:15 to 4 we'll have a hot-soup party at the

shelter, where everyone brings a can of soup to contribute. We'll have a cook stove with 3 pots. You also can donate or swap used ski equipment / clothes. Top it all off with hot chocolate and holiday cookies. We'll share news about our season's ski trips and other events.

- When: Sunday, Dec. 4, 10:45 a.m. hike; 12:15 hot soup
- Where: Lapham Peak State Forest, off HWY C near Delafield, Wis.
- NSCM Party location: Mike Fort Shelter off Homestead Hollow parking lot
- Required: You'll need a Wisconsin state park sticker.
- Bring: one can of soup to the Mike Fort shelter before the hike or at about noon, if you're skipping the hike.
- Bring a white-based soup, a red-based soup or a vegetarian soup.
- Bring your own bowl or mug. You can leave it while you hike.
- We'll provide hot chocolate, cups and oyster crackers or bread.
- Bring ski equipment / clothes to donate or swap.

The Nordic Ski Club of Milwaukee (NSCM) continues to practice social distancing and the use of face masks, as recommended by the CDC and Wisconsin authorities. Know that your participation in any event is at your own risk. Before attending any NSCM outing or event, please check with the event leader. Use good judgment and continue to keep us all safe.

# Keweenaw Peninsula Ski Trip

December 30 - January 2

Start the New Year with your friends or make new ones and enjoy great skiing in the Keweenaw Paula Brookmire Peninsula of Upper Michigan. Swedetown has 30 km of groomed trails, 5 ½ km of snowshoe trails, and a chalet with food for sale. Michigan Tech University has 35 km of superbly groomed, wide trails with a chalet and small warming hut. Maasto Hiito has 24 km of scenic, striding-only trails and chalet with homemade food. On the way up, we will ski in Wisconsin at Brown County Reforestation Camp (30 km) near Green Bay or WinMan Trails (20 km) near Manitowish Waters.

Accommodations are at the Quality Inn & Suites in downtown Houghton with swimming pool, whirlpool, sauna, a free continental breakfast, and microwave and refrigerator in each room. Contact trip leader Julie Amundson at 262-468-8223 or jpammo@sbcglobal.net for more information. Click here to access the trip reservation form.

#### Nordic Ski Club to Ski the Nordic Trails

Sunday, January 8, 2023, 1:00 pm

With good snow, the Nordic Trails are a delight for cross country skiers. The trail system is less than an hour's drive from Milwaukee, in the Southern Unit of the Kettle Moraine State Forest. On Sunday, Jan. 8, 2023, the Nordic Ski Club of Milwaukee will cross-country ski on our namesake trail. It was originally designed in the 1970s by David Harrison, the Nordic Ski Club's first elected president. This scenic trail system has options for beginners to expert skiers. Meet us at 1 p.m. (ski at 1:15 p.m.) next to the shelter at the Nordic Trail. The shelter should be open (depending on Covid), and restrooms will be open.

Minocqua Winter Park Bus Trip February 10-12, 2023

ABR Trails Bus Trip March 3-5, 2023

### **Contact Us:**

Email nordicskiclub.mke @gmail.com

For membership information, call Pat Doornek 414-906-0629

### Nordic Officers

President Carol Doebler

Vice Presidents Renee Couture and Ellen Riley

Secretary

Treasurer Dave Herrewig

**Board Members** Julie Amundson Paula Brookmire Renee Couture Carol Doebler Steven Fabina **Dorothy Riesing** Ellen Riley David Rosenberg Mary Wozniak

#### **Program Committee** Members:

Paul Keber, Chair (262) 547-4827 Chris Pantazon Barb Tremel Cathy Ward Becky Yakes Joanne Ziarek

**Public Relations Chair:** 

Take I-43 south from Milwaukee to HWY 20 (East Troy) west. Take 20 till it ends, when you take a jog left (west) onto Hwy 12. Go to County Rd. H and turn right (north). The Nordic Trail is a few miles up the road on the right (east). You can print a trail map at https://dnr.wisconsin.gov/topic/parks/kms/maps.

If there's too little snow there, we may ski at Lapham Peak State Forest, which makes snow. Look for an update email a day or two before. But definitely call Paula Brookmire at (414) 527-0040 Saturday evening or between 9 and 10:30 a.m. Sunday to confirm the ski location (and let her know you're coming). If you meet us before everyone starts skiing, you may be able to find a ski partner. If there's no snow, we'll make other plans.

## Nordic Ski Lessons & Winter Picnic at Trecker Lodge

Sunday, January 15, 2023, 10:00 am

The Nordic Ski Club of Milwaukee has a tradition of winter picnics. On Sunday, January 15, 2023, club members can enjoy an indoor picnic about noon at Lapham Peak State Forest. In the morning or afternoon you can ski or snowshoe with friends. The club also will offer limited cross-country ski lessons at 10 a.m. on Sunday, if you register and give a \$10 donation to the Friends of Lapham Peak Snowmaking Project.

The club's winter picnic with sandwiches and cookies takes place at Trecker Lodge off the Homestead Hollow parking lot at Lapham Peak State Forest. Lapham usually has snow because it features machine-made snow on some easy trails in addition to snow provided by Mother Nature. Please sign up for the picnic ahead of time.

What: Nordic Ski Club of Milwaukee winter picnic

Where: Trecker Lodge, Lapham Peak State Forest, off HWY C near Delafield

**Needed:** State park sticker

When: Sunday, January 15, 2023, 10 a.m. ski lessons; noon picnic

**Register for picnic with Rita**: rkeber@milwpc.com (NSCM members only)

Register for ski lessons (open to all ) with Carol: tortoiseski@wi.rr.com. Donation required:

\$10 cash or check to Friends of Lapham Peak-Snowmaking.



Dianne, a Nordic Ski Club member, enjoys the well-groomed tracks at Lapham Peak in January 2022. NSCM will offer XC ski lessons January 15, 2023

Paula Brookmire (414) 527-0040

**Clinics Chair:** Carol Doebler

Website Chair: Katie Bivens

katiebivens@ymail.com

Historian:

Paula Brookmire (414) 527-0040

**Newsletter:** 

Send Articles to: newsletter @nordicskiclub.org

Facebook Chair:

Ellen Rilev ellenrilev612@gmail.com

Facebook Link:

https://www.facebook.com/ Nordic-Ski-Club-of-Milwaukee-NSCM-111282934088979/

Membership Chair:

Pat Doornek 414-906-0629

New memberships or renewal forms may be mailed to: Pat Doornek 3463 N. Newhall St. Milwaukee, WI 53211

### **Contact Us:**

#### Volunteers

The Nordic Ski Club runs on volunteers. Please contact Renee Couture at acoutrr@att.net if you are interested in learning more.

### **Club Membership**

Membership Renewals due Oct. 1. Renew online. Then pay through PayPal or mail check to Pat Doornek.

# Valley Spur Ski Trip

January 20- January 22, 2023

Join us for our popular ski trip to Valley Spur near Munising, MI. We will ski at Valley Spur Ski Trail in the Hiawatha National Forest with 45 km of picturesque ski trails, 3 km of snowshoe trails, and cozy log cabin. On the way up, we will ski at Brown County Reforestation Camp near Green Bay (30 km of ski trails, chalet, and 3 km of snowshoe trails) or at Valley Spur. Accommodations are at the Holiday Inn Express near Munising with swimming pool, whirlpool, sauna, free continental breakfast, and microwave and refrigerator in each room. Contact trip leader Stan Rosenstiel at 262-694-2206 or <a href="mrstanmr@yahoo.com">mrstanmr@yahoo.com</a> for more information. Click here to access the trip reservation form.

## Minocqua Winter Park Ski Trip

February 10-12, 2023

Join us for some great skiing at Minocqua Winter Park, one of the premier cross-country ski areas in the Midwest, with 86 km of beautifully groomed and scenic ski trails as well as 15 miles of snowshoe trails. The chalet serves a variety of food, and homemade soups. The ski shop, which has expanded into a new addition to the chalet, has all the latest ski gear, waxes, and clothes, and rents skis and snowshoes. We plan to ski at

Nine Mile Forest near Wausau on the way up, with 30 km of ski trails, 11 km of snowshoe trails, and a large chalet with ski rentals.

Accommodations are at the AmericInn in downtown Minocqua with a swimming pool, sauna, whirlpool, free continental breakfast, and a microwave and refrigerator in each room. Contact trip leader John McCarthy at 414-412-0331 or <a href="mailto:johnnymac1952@gmail.com">johnnymac1952@gmail.com</a> for more information. Click here to access the trip reservation form.

# Fish Fry in February & Brief Nordic Meeting

Friday, February 17, 2023, 6:00 pm

For our annual fish fry meeting, the Nordic Ski Club heads to Mequon and the Libby Montana Bar & Grill. We enjoyed our last visit there, where most of us sat at one long table. You can order off the menu. Their Friday fish fry offers perch, catfish and shrimp or you can get broiled fish. Grilled salmon, baby back ribs, steak and chicken pasta also are available--plus Libby's popular crispy macaroni and cheese.

What: NSCM Fish Fry Meeting

When: February 17, 6 p.m.

Where: Libby Montana Bar & Grill, 5616 W. Donges Bay Rd., Mequon, WI

Register in advance with David: <a href="mailto:rosenbergdm@att.net">rosenbergdm@att.net</a>

### **ABR Trails Ski Trip**

March 3-5, 2023

ABR Trails (Active Backwoods Recreation) is a family-run system with 95 km of scenic trails

Dues Individual \$25
Household \$35
Must be a current member to book ski trips at member rate.

### Web Tips

Adjust your profile settings so that fellow Nordic Members can see your name, address and phone numbers. Select "Members Only" to protect the information from the general public. That is the default for new members. Go to

www.nordicskiclub.org and login to your profile. The login is in the upper right-hand corner. From there, the Member Tab will appear on the menu. Full instructions are located on that page in a PDF file.

#### Add Photos To The Nordic Website

As a member of the Nordics, you may upload photos to your personal photo album or to the public albums. Simply log-in so all member privileges are available. Then the upload and edit buttons are visible for you to add to the fun. Need help? <a href="mailto:katiebivens@ymail.com">katiebivens@ymail.com</a>

If you are interested in leading a Nordic Event, or have a great idea for a member event, please contact a member of the Program Committee or Paul Keber, <a href="mailto:pkeber@milwpc.com">pkeber@milwpc.com</a>

meticulously groomed and over 13 km of snowshoe trails, just outside of Ironwood, Mich. We ski both Saturday and Sunday at ABR Trails, with two lodge areas, a waxing room, and a ski shop that rents skis and snowshoes. On Friday we ski at Nine Mile Forest ski trails near Wausau, with 30 km of ski trails, 11 km of snowshoe trails, and chalet with ski rentals.

Our accommodations are at the Quality Inn in Ironwood, with swimming pool, whirlpool, free continental breakfast, and a microwave and refrigerator in each room. Contact trip leader Alan Siegl at 262-744-4929 or <a href="mailto:accessed="mailto:

#### 12 Ghoulish Nordics Hit the Trail

On October 29, 12 Ghoulish Nordics hit the trail in the Southern Kettle Morraine's Nordic Trails. Mother Nature supplied beautiful weather with blue skies and colorful leaves. As the group traversed the terrain, with the help from Willy and LaKota, Chicken Little kept her flock safe from creatures unknown. Appetites were satisfied at the Cornerstone Cafe in Genessee Depot.

A good time was had by all!





### **Covid-19 Policies for NSCM Bus Trips, Events, Meetings**

The Nordic Ski Club of Milwaukee (NSCM) board updated its COVID policies in September 2022. Based on how airborne and highly contagious the Covid Omicron subvariants are, the board voted on the following policies for meetings, events and bus ski trips:

- NSCM strongly recommends but is not requiring that members get the new (as of fall 2022) Covid booster shots that work against the Omicron subvariants. People who benefit the most from these boosters are those over 60, those with serious health problems and those with weakened immune systems (Wall Street Journal). As of last fall, Covid still killed 300 to 400 people a day in the U.S. (WSJ 9-12-22).
- NSCM strongly recommends but is not requiring that members at meetings and on bus trips wear N95 or KN95 masks that fit snugly. Surgical masks do not provide much protection against the Omicron variants. See the Centers for Disease Control (CDC) website. Note: KN95 masks are easier to find and more comfortable to wear.
- NSCM is continuing with the same COVID policy for bus trips as last season: <u>All</u> participants must be vaccinated against Covid-19, and masks are highly recommended but not required. On most of the NSCM bus trips in 2022, participants wore masks, and there were few illness problems. <u>If you do get sick with Covid or any other contagious disease in the days before the ski trip you signed up for, you need to cancel</u> (see our detailed policy when you sign up for ski trips)

The Nordic Ski Club of Milwaukee (NSCM) continues to practice social distancing and the use of face masks, as recommended by the CDC and Wisconsin authorities. Know that your participation in any event is at your own risk. Before attending any NSCM outing or event, please check with the event leader. Use good judgment and continue to keep us all safe.

Nordic Ski Club of Milwaukee Inc. (NSCM) is a membership-based outing association active year-round since 1971.