



March 2018	A Year-Round Recreation Club Since 1971	Vol. 47 Issue 3
<p>In this Issue:</p> <p><i>Friday-Sunday, March 2-4</i> Valley Spur Ski Trip (Munising, MI) Stan Rosenstiel</p> <p><i>Friday, March 16th</i> Monthly Meeting and PotLuck Paula Brookmire, Cathy Ward</p> <p><i>Sunday, March 18th</i> 4 O'clock Concert Ann Derse</p> <hr/> <p>Contact Us:</p> <p>Email nordicskiclub.mke@gmail.com</p> <p>For membership information, call Pat Doornek 414-906-0629</p> <p>Nordic Officers</p> <p>President Carol Doeblner</p> <p>Vice Presidents Renee Couture and Cathy Ward</p> <p>Secretary Paula Brookmire</p>	<p>Monthly Meeting And Events</p> <p>Green Theme for March 16th Meeting & Potluck <i>Friday, March 16, 6:30 p.m.</i></p> <p>Wear a bit of green or bring some green-hued food for our Irish-themed annual meeting on March 16. This Nordic Ski Club of Milwaukee get-together starts with a potluck dinner at 6:30 p.m. At 8 p.m. we have the 47th annual meeting, a prize drawing for volunteers and previews of coming events. Be creative with the green in your potluck dishes and desserts.</p> <p>Please email Paula Brookmire at pbrookmire@gmail.com by Thursday, March 15, to let her know what potluck item you will bring to share (she will not be available March 16). Cathy Ward will coordinate the potluck on March 16.</p> <p>We're also looking for two new board of directors members. The board meets 11 times a year, on the second Monday of the month, and meetings are fairly short. Please contact president Carol Doeblner at tortoiseski@wi.rr.com if you're interested in this simple way to help direct and support the club.</p> <p>Date: Friday, March 16, 2018 Where: Greenfield Park Pavilion, 2028 S. 124th St., West Allis 6:30 p.m. Pot o' Luck dinner, socializing 8:00 p.m. annual meeting, board election, coming events 9-10 p.m. socializing What's provided: Soda, dinnerware, condiments What to bring: A dish to share, photos, stories, laughter</p> <hr/> <p>THE NORDIC SKI CLUB NEEDS <u>YOU</u> !!!</p> <p>Our March 16th Annual Meeting will be here before you know it, and we are seeking two new board members for the upcoming two year term. Katie Bivens (Past President) and Dave Herrewig (current Treasurer) will be stepping down from the board so we will have two open positions. The remaining board has agreed to stay on: Renee Couture, Carol Doeblner, Steve Fabina, Crystal Hoecherl, Cathy Ward and Nancy Zoltowski. If you have interest in serving and helping the club by participating in and planning the monthly meetings, reviewing the budget and giving input on</p>	<p>Volunteers</p> <p>The Nordic Ski Club runs on volunteers. Please contact Renee Couture at acoutrr@att.net if you are interested in learning more.</p> <hr/> <p>Club Membership</p> <p>Membership Renewals due Oct. 1. Renew online. Then pay through PayPal or mail check to Pat Doornek. Dues - Individual \$25 Household \$35 Must be a current member to book ski trips at member rate.</p> <hr/> <p>Web Tips</p> <p>Adjust your profile settings so that fellow Nordic Members can see your name, address and phone numbers. Select "Members Only" to protect the information from the general public. Go to www.nordicskiclub.org and login to your profile. The login is in the upper right-hand corner. From there, the Member Tab will appear on the menu. Full instructions are located on that page in a PDF file.</p>

Treasurer
Dave Herrewig

Board Members

Katie Bivens
Paula Brookmire
Renee Couture
Carol Doeblen
Steven Fabina
Dave Herrewig
Crystal Hoecherl
Cathy Ward
Nancy Zoltowski

Program Committee Members:

Paul Keber, Chair
(262) 547-4827
Juanita Becker
Dan Davies
Ann Derse
Chris Pantazon
Barb Tremel
Joanne Ziarek

Public Relations Chair:

Paula Brookmire
(414) 527-0040

Clinics Chair:

Carol Doeblen

Website Chair:

Katie Bivens
katiebivens@ymail.com

Historian:

Paula Brookmire
(414) 527-0040

Newsletter:

Send Articles to:
newsletter@nordicskiclub.org

Membership Chair:

Pat Doornek
414-906-0629

New memberships or renewal forms may be mailed to:

Pat Doornek
3463 N. Newhall St.
Milwaukee, WI 53211

club policies please contact any of the current members for more information. If you know someone who may just need a little encouragement give us a jingle so we can be of some help. PLEASE consider serving in this capacity as we can always use some new blood and a fresh perspective on things!

Valley Spur Ski Trip (Munising, MI)

Friday-Sunday, March 2-4



Join us for our popular ski trip to Valley Spur near Munising, MI. **As of Feb. 25 there is an opening for a woman in a 2 per room and the waiting list is empty.** Contact trip leader Stan Rosenstiel at 262-694-2206 or mrstanmr@yahoo.com if you want to fill that spot or to be placed on the waiting list.

We will leave Friday morning at 8 am and will probably ski at Valley Spur. We will also ski Saturday and Sunday at Valley Spur Ski Trail which has 45 km of trails that are some of the most scenic to be found anywhere. Valley Spur Ski Trail is in the Hiawatha National Forest outside of Munising MI. Picturesque, 3-km snowshoe trails are also available, as well as a cozy log cabin.

The highlight of the trip is Saturday when the annual "Taste and Glide" event, which benefits Valley Spur, will occur. This is included in the trip price. Lots of delicious food and beverages will be at several stops along a beginner trail as well as in the log cabin.

Accommodations are at the Holiday Inn Express near Munising with sauna, whirlpool, swimming pool, free continental breakfast, plus microwave and refrigerator in each room.

All ski areas have both skating and striding trails for all skiing abilities.

Cost Includes: Motor coach transportation, trail fees, and two nights' accommodations at the Holiday Inn Express.

4 O'clock Concert – Stas Venglevski

Sunday, March 18, 4:00pm

Accordion virtuoso Stas Venglevski will perform a solo concert on Sunday, March 18 at 4:00pm, as part of the [4 O'clock Concert Series](#) at First Congregational Church, 1511 Church Street, Wauwatosa (at the corner with Menomonee River Parkway in the Tosa village). The concert will include classical and contemporary music, polkas, waltzes, and more. Park in church lot or on the street. No charge, but donations are gladly accepted.

Please call or text Ann at 262-642-3741 if you plan to attend so we can sit together, as this will be popular. See you there!

REVIEW OF ABR SKI TRIP JANUARY 26-28, 2018

(submitted by Joanne Ziarek)

Add Photos To The Nordic Website

As a member of the Nordics, you may upload photos to your personal photo album or to the public albums. Simply log-in so all member privileges are available. Then the upload and edit buttons are visible for you to add to the fun. Need help? katiebivens@ymail.com

Next Month,
Look For:

**Mitchell Park Domes
April 7th**

Juanita Becker

**Monthly Meeting
April 20th
Board**

**Board Games
Night**

**April 21st
Rita Keber**

**World Tai Chi Day
April 28th**

Kayleen Kauffman

If you are interested in leading a Nordic Event, or have a great idea for a member event, please contact a member of the Program Committee or Paul Keber, pkeber@milwpc.com

On Friday, January 26, 36 nordic skiers boarded the bus looking forward to three days of skiing "up north." We did not make our usual stop at Nine Mile Forest because they were preparing their trails for the Badger State games that weekend. Instead, we went on to ski that afternoon at Minocqua Winter Park which had plenty of well-groomed trails to enjoy. With temperatures in the low 40's it was a very pleasant day.

We stayed at the AmericInn in Ironwood which offered hot soup when we arrived and a very extensive and substantial complimentary breakfast each day.

On Saturday and Sunday we skied at ABR which has 75Km of well-groomed trails including several scenic trails for striding only through the woods and along the Montreal River. On all three days some members of the group enjoyed snow shoeing too. On Saturday it was windy and sunny making a beautiful day for skiing. Many people enjoyed the optional pasty lunch on Saturday. Both the veggie and the meat pasties were delicious-a fine example of a UP dietary staple.

Lake effect snow from Superior started falling Saturday evening as we left for the group dinner and the large, light, fluffy flakes continued to fall on Sunday. With no wind that day it was like skiing in a snow globe and there were lots of smiling faces as we enjoyed another great skiing experience.

Many thanks to our trip leader Greg Wyder and his wife Gelaney for a well organized and most enjoyable trip; to Joy Chen for again leading Saturday afternoon yoga; to John McCarthy for an impromptu guitar concert for a small group in the lobby Friday evening; to Jim, our bus driver, for a safe journey; and to all the volunteers who helped to make this another successful nordic trip.

If you took any photos or videos on this trip that you would like to share please post them on the Nordic website for all to enjoy.

Canoecopia - Kayak in Greece Presentation

Friday, March 9, 7:30 pm & Sunday, March 11, 2:30 pm

Club members Don Hynek and Joy Chen took a sea kayaking trip to Greece last fall. Don Hynek and Daren Barrett will present "Paddling the Cradle of Western Civilization" at Canoecopia which will take you on that sea kayaking trip. Don and Daren will offer the same presentation twice; once on Friday, March 9 at 7:30 PM and again on Sunday, March 11 at 2:30 PM.

Blue water, fantastic scenery, ancient cultures and centuries-old port towns; who wouldn't love paddling in the Greek islands? Come on a sea kayaking adventure over Homer's wine-dark seas, furrowed by Greek and Trojan biremes, Roman galleys, and Turkish goke. Paddling overseas has tricks and tips, and a few hints make it easier. Daren and Don take you on an adventure based from the island of Poros among volcanic islands, through olive groves, medieval ports, ancient temples, and some of the most beautiful salt water paddling imaginable. See more at [Don Hynek & Daren Barrett at Canoecopia 2018](#).

“If There’s Snow, We’ll Go” Leaders Needed

March

Would you like to ski for a day (or several days) with your NSCM friends if there’s snow?

VOLUNTEER TRIP LEADERS ARE NEEDED to arrange skiing day-trips and longer excursions on open dates this winter--weather dependent, of course. Last-minute outings are possible.

These “ITSWG” events will not involve much effort by the organizer. In conjunction with the Program Committee chairperson (Paul Keber), you’ll decide where to ski, eat, and stay overnight (if applicable) and write a brief paragraph describing the details that will then be emailed to club members. Participants will be responsible for their own expenses.

Are you interested in volunteering? Please contact Paul Keber at pkeber@milwpc.com or 262-547-4827 with your date and destination ideas.

Obituary: Former Club President Judy McNamara



Judy McNamara, who was president of the Nordic Ski Club of Milwaukee (Wis.) for two years starting in 1985, died Jan. 24, 2018, at age 73. Judith V. McNamara (nee Volkenant) and her husband, William (Bill) McNamara, were active members of the ski club during its early years. Bill served two years as club president in 1979-1981. “I met Judy at a Nordic Ski Club picnic in 1976,” he said. “We were married in 1979.” Judy, who was a guidance counselor at Hartland’s Arrowhead High School, was a leader both in her profession and in her volunteer activities, Bill said. She was president of the Arrowhead teachers union and coached the girls swim team at the school. She was a member of the board of Historic

Milwaukee, co-chair of the grounds committee at Ten Chimneys museum and a tutor for Literary Services of Wisconsin.

“Her enthusiasm for life was contagious. Her smile would light up a room,” said Bill. “She was always willing help others. Yet she never called attention to herself. She was comfortable flying under the radar, but got stuff done. As one person said, her impact is still rippling through all the lives she touched.”

Ralph Ehlinger, Nordic Ski Club president in 1977-1979, added: “Over the years Judy was an important part of virtually every activity of the club, heading committees, serving on the board, keeping us focused on our core mission in her years as president. An enthusiastic skier herself, I can still see her standing in the snow passing encouragement and the love of the sport on to youngsters before the starting gun at our kids races and then sharing their excitement over hot chocolate at the end. Her zany sense of

humor could enliven even the dullest tasks. Above all, she knew how to have fun and she knew how to be a friend. Those are things that people look for in a group like the Nordic Ski Club. Judy excelled at them.

"She was the best." Bill McNamara recalled: "Near the end, I asked Judy how she would like to be remembered. In soft-spoken words she replied, "I tried to be a good and kind person who helped others be better, who loved the outdoors, gardening, architecture, my family and you, Bill.'" They were married for 39 years. Judy died of cancer.

A memorial service was held Feb. 17. In lieu of flowers, please send memorials to Literacy Services of Milwaukee, Special Olympics, or The Food Pantry of Waukesha County.

Mark Your Calendar!

Summer Picnic – VOLUNTEER LEADER NEEDED.
Date and location to be determined.

Peninsula State Park Camping
Thursday, August 30 to Monday, September 3.

Add "ICE" Emergency Contacts to Your Cell Phone

What would happen if you had a medical emergency and could not talk? How would you communicate who you'd want to be notified?

Having "ICE" in your cell phone could help. "ICE" means In Case of Emergency.

Add both the "ICE" acronym as well as the spelled-out version to your cell phone's address book, along with the names and phone numbers of your emergency contact individuals. If you "lock" access to your phone, there are apps that allow emergency information to be displayed on the locked screen, and some phones have locked-access workarounds.

Someday, "ICE" might make a difference, so add "ICE" to your phone today.

[Join/Renew Online](#)

**Nordic Ski Club of Milwaukee Inc. (NSCM)
is a membership-based outing association
active year-round since 1971.**