



<b>May 2018</b>	<b>A Year-Round Recreation Club Since 1971</b>	<b>Vol. 47 Issue 5</b>
<p><b>In this Issue:</b></p> <p><i>Saturday, May 5</i>  <b>Milwaukee River GSP Canoe Trip</b>            Mike Craig</p> <p><i>Sunday, May 6</i>  <b>Milwaukee River GSP Canoe Trip</b>            Mike Craig</p> <p><i>Saturday, May 12</i>  <b>Doctors Park Hike</b>            Mike Craig</p> <p><i>Thursday, May 17</i>  <b>Exploring Cuisines</b>            Cindy Wiktorek</p> <p><i>Saturday, May 19</i>  <b>Bark River GSP Canoe Trip</b>            Mike Craig</p> <p><i>Saturday, May 19</i>  <b>Starved Rock State Park Hike</b>            Cathy Ward</p> <p><i>Saturday, May 26</i>  <b>Dousman to Rome Bike Ride</b>            Paul Keber</p> <p><i>Wednesday, May 30</i>  <b>Milwaukee River GSP Twilight Paddle</b></p>	<p><b>Milwaukee River GSP Canoe Trip</b>  <i>Saturday, May 5, 10:00 am</i></p> <p>Join the Glacier State Paddlers for a fun day canoeing on the Milwaukee River from Newburg to Waubedonia Park west of Fredonia. This is a tried and true pleasant trip. The trip will start on the Milwaukee River by Fireman Park on Main Street (Cty Rd MY) in Newburg. You can get there by taking Hwy 33 either east from West Bend or west from Saukville. We will meet at 10:00 am and shuttle vehicles from the start before beginning the trip. The trip distance is about 11 miles.</p> <p>Please bring a bag lunch and beverage for the trip and gloves to protect your hands. Call GSP trip leader and Nordic member Mike Craig at 414-552- 5011 to reserve a spot on the trip and to get additional trip details. Identify yourself as a Nordic Ski Club member. Canoe rental cost is a maximum of \$6.00 per person. Money should be paid directly to Mike. There is no fee if you have your own canoe or kayak.</p> <hr/> <p><b>Milwaukee River GSP Canoe Trip</b>  <i>Sunday, May 6, 10:00 am</i></p> <p>Join the Glacier State Paddlers for a fun day canoeing on the Milwaukee River from Lime Kiln Park to Thiensville. The first half of this 10-mile trip will have some twisty turns, and the second half will be easy. The trip will start at Lime Kiln Park just south of Grafton and will end at Village Park in Thiensville. You can get to the start by taking the Hwy 60 Grafton exit off I-43. Turn left and go west 1.5 miles, then turn left on Hwy 57 (Wisconsin Ave). After 1.75 miles, turn left on W. Falls Rd and after 0.25 miles turn right on Green Bay Rd and the park which will be a short distance from there.</p> <p>We will meet at 10:00 am and shuttle vehicles from the start before beginning the trip. The trip should take a little over 3 hours. Please bring a bag lunch and beverage for the trip and gloves to protect your hands. Call GSP trip leader and Nordic member Mike Craig at 414-552-5011 to reserve a spot on the trip and to get additional trip details. Identify yourself as a Nordic Ski Club member. Canoe rental cost is a maximum of \$6.00 per person. Money should be paid directly to Mike. There is no fee if you have your own canoe or kayak.</p>	<p><b>Volunteers</b></p> <p>The Nordic Ski Club runs on volunteers. Please contact Renee Couture at <a href="mailto:acoutrr@att.net">acoutrr@att.net</a> if you are interested in learning more.</p> <hr/> <p><b>Club Membership</b></p> <p>Membership Renewals due Oct. 1. Renew online. Then pay through PayPal or mail check to Pat Doornek.            Dues -            Individual \$25            Household \$35            Must be a current member to book ski trips at member rate.</p> <hr/> <p><b>Web Tips</b></p> <p>Adjust your profile settings so that fellow Nordic Members can see your name, address and phone numbers. Select "Members Only" to protect the information from the general public. Go to <a href="http://www.nordicskiclub.org">www.nordicskiclub.org</a> and login to your profile. The login is in the upper right-hand corner. From there, the Member Tab will appear on the menu. Full instructions are located on that page in a PDF file.</p>

Debbie Luetzow

**Saturday, June 2  
Bike Swap and Fun  
Fair**

Carol Doebler

**Sunday, June 3  
UPAF Ride for the  
Arts**

Sally Heuer

**Contact Us:**

Email [nordicskiclub.mke@gmail.com](mailto:nordicskiclub.mke@gmail.com)

For membership information, call Pat Doornek 414-906-0629

**Nordic Officers**

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**Vice Presidents**  
Renee Couture  
and Cathy Ward

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Cathy Ward  
Nancy Zoltowski

**Program Committee  
Members:**

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(262) 547-4827  
Juanita Becker  
Dan Davies  
Ann Derse  
Chris Pantazon

**Doctors Park Hike**

*Saturday, May 12, 10:00 am*

Join Wisconsin Go Hiking Club and NSCM members for a local hike starting at 10:00 am on Saturday, May 12 in the Doctors Park parking lot. Enjoy a leisurely 7-mile hike thru local neighborhoods before returning to Doctors Park. Directions: Exit I-43 at Brown Deer Road; head east about 2 miles till it ends at Lake Drive; turn right and go 1 mile to Dean Road; turn left and go 1 mile to Fox Lane. Doctors Park is at 1870 East Fox Lane, Fox Point. Call NSCM member Mike Craig at 414-552-5011 if you have any questions.

**Exploring Cuisines**

*Thursday, May 17, 6:30 pm*

The next restaurant destination for Exploring Cuisines is Lazy Susan, located at 2378 S Howell Ave in Milwaukee. The date is Thursday, May 17. AJ Dixon, the owner, encourages diners to share their choices. Items come out staggered and on small plates. The idea is for her customers to talk about and enjoy their food. Menu items can be made vegetarian, vegan or gluten free if needed. Lazy Susan buys from local farmers and purveyors so the menu does rotate. Currently, menu items include Pablano Cremini Tacos (\$4 each), Korean Braised Beef (\$22) and Vandovan Cauliflower (\$17). You can see the menu on lazysusanmke.com. You can also get information on the Korean Fried Chicken which is only offered on Thursdays and should be ordered ahead of time. We will meet at the restaurant at 6:30. There isn't a parking lot but street parking is available. I do need to make reservations so if you would like to join us please call Cindy at (414) 336-8695 by Wednesday May 16.

**Bark River GSP Canoe Trip**

*Saturday, May 19, 10:00 am*

Get a different view of the Bark River by joining the Glacier State Paddlers canoe trip on Saturday, May 19. We will be canoeing on the Bark River starting at 10:00 am from Hwy F in Rome next to the general store. The trip will end at Hwy 106 for a distance of 8 miles with an alternate take out at Cushman Road for a distance of 5 easy, pleasant miles. This is a scenic, twisting river. Please bring a bag lunch and beverage for the trip and gloves to protect your hands. Call GSP trip leader and Nordic member Mike Craig at 414-552-5011 to reserve a spot on the trip and to get trip details. Identify yourself as a Nordic Ski Club member. Canoe rental cost is a maximum of \$6.00 per person. Money should be paid directly to Mike. There is no fee if you have your own canoe or kayak.

**Starved Rock State Park Hiking Trip - Canyons and Waterfalls**

*Saturday, May 19, 10:30 am*

Visitors to Starved Rock State Park are continually surprised and awed at the spectacular natural features found here. Surrounded by the flat, seemingly endless fields of Illinois farm country, a totally different topography is found within the park. Starved Rock was formed thousands of years ago by the melting of glaciers releasing torrents of water. As the

**Add Photos To The  
Nordic Website**

As a member of the Nordics, you may upload photos to your personal photo album or to the public albums. Simply log-in so all member privileges are available. Then the upload and edit buttons are visible for you to add to the fun. Need help? [katiebivens@ymail.com](mailto:katiebivens@ymail.com)

Next Month,  
Look For:

**Waukesha Friday  
Night Live  
June 1**  
Kayleen Kauffman

**Milwaukee River  
GSP Canoe Trip  
June 2**  
Mike Craig

**UPAF Ride for the  
Arts  
June 3**  
Sally Heuer

**Upper Rock River  
GSP Canoe Trip  
June 16**  
Mike Craig

**Bark River GSP  
Canoe Trip &  
Picnic  
June 17**  
Lynn Pagenkop

**Summer Solstice  
Concert at  
Lapham Peak  
June 23**  
Rita Keber

**Local Hike  
June 24**  
Dennis Drake

**Horicon**

Barb Tremel  
Joanne Ziarek

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**Newsletter:**

Send Articles to:  
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**Membership Chair:**

Pat Doornek  
414-906-0629

*New memberships or  
renewal forms may be  
mailed to:*

Pat Doornek  
3463 N. Newhall St.  
Milwaukee, WI 53211

water rushed downstream it eroded and stripped away everything in its path except the resistant St. Peter sandstone. It is that sandstone that formed the steep rock walls and the cool dark valleys of the eighteen canyons. Starved Rock Visitor Center also offers exhibits for guests to view.

See their website: <http://www.starvedrockstatepark.org>

We will try to carpool as it is a 2 ½ drive from Waukesha County. Plan to meet at the park at 10:30 am. We will not go if it's raining that day and will re-schedule. There are several of us that also want to have dinner that day in their historic lodge main dining room. I have made a reservation at 5 pm for 10 people.

If you are interested in attending please e-mail your name and email address that way I can communicate details with the attendees. Cathy Ward [cward4@att.net](mailto:cward4@att.net). Also feel to call me with questions at 262-227-4551.

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**Dousman to Rome Bike Ride**

*Saturday, May 26, 10:00 am*

Come join us on a spring bike ride starting in Dousman in the parking lot across from Bicycle Doctor on Saturday, May 26 beginning at 10:00 am. This will be a 31 mile bike ride mostly in the countryside, consisting of a variety of terrain from flat, open areas to occasional hills. We'll take a break in the town of Rome, and will also pass through the town of Concord. Cue sheets will be provided.

To get to the start of the ride, exit I-94 at Hwy 67 and head south to Hwy 18. Turn right on Hwy 18 and go 0.5 miles, then turn left on Main St. and go south 0.7 miles. The parking lot across from Bicycle Doctor will be on your left. The ride will end in the parking lot around 1 pm at which point we'll head to a local restaurant for food and drink. Bike helmets are not required, but are strongly recommended. Contact Paul Keber at 262-547-4827 if you have any questions.

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**Milwaukee River GSP Twilight Paddle**

*Wednesday, May 30, 6:00 pm*

What better way to enjoy an early summer evening than a twilight paddle on the Milwaukee River? Join other Nordics and Glacier State Paddlers members Wednesday evening on May 30 starting at 6:00 pm and ending at dusk. We'll paddle the Milwaukee River through downtown Milwaukee and will end before it gets dark. We will be starting from a new launch site. Let GSP trip leader Debbie Luetzow know you are attending by calling or texting her at 414-333- 0064 or emailing her at [dlf2302@yahoo.com](mailto:dlf2302@yahoo.com). She will call you back with trip details (where to meet, etc.). Identify yourself as a Nordic Ski Club member.

If you need to rent a canoe, you MUST call Bill Ross at 414-332- 1889. Canoe rental cost is an estimated cost of \$3.00 per person for this trip. Money should be paid directly to Bill. There is no fee if you have your own canoe or kayak.

**Marsh GSP Canoe  
Trip**

**June 30**

Mary Kay Linari

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If you are interested in leading a Nordic Event, or have a great idea for a member event, please contact a member of the Program Committee or Paul Keber,  
[pkeber@milwpc.com](mailto:pkeber@milwpc.com)

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### **Computer 911 offers E-Recycling to Nordic Members**

Between now and June 1, 2018, Computer 911 is pleased to offer FREE e-waste recycling to members of the Nordic Ski Club of Milwaukee. Any hard disk drives with data are destroyed before recycling to ensure data privacy. We cannot accept CRT monitors with glass tubes.

Drop off items at Computer 911, [11127 W Bluemound Road in Wauwatosa](#).

When: Mondays through Fridays between 8:30 am and 4:00 pm, or by appointment.

Questions: email [sculver@comp911.com](mailto:sculver@comp911.com) or [smiles@comp911.com](mailto:smiles@comp911.com) with the Subject Line: Nordic E-Recycle Question.

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### **Snowmaking Season Recap**

*Anne Riendl, Chair - Snowmaking Committee of the Friends of Lapham Peak*

The Summary/Recap of highlights of the recently ending ski season for Lapham Peak Snowmaking are published online. Here's the link:

<http://www.laphampeaksnowmaking.org/wp-content/uploads/2016/07/Snowmaking-Newsletter-Volume-5-Number-1-Spring-2018-1.pdf>

We are hoping to reach all who have used and/or supported Snowmaking at Lapham Peak so they can learn of the accomplishments outlined in this newsletter.

Thanks for your ongoing support of Snowmaking at Lapham Peak!

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### **Bike Swap and Fun Fair at Lapham Peak**

*Saturday, June 2, 9:00 am - 2:00 pm*

The 13th Annual Bike Swap & 1st Fun Fair to benefit Snowmaking at Lapham Peak will be held Saturday, June 2, 2018 from 9:00 a.m. to 2:00 p.m. at a new venue. This year's event will take place in Homestead Hollow of Lapham Peak Unit, Kettle Moraine State Forest. No admission fee to the park nor the event on this date.

New this year will be local businesses, organizations, children's games, food vendors, speakers and more. As always, browse the bike corral for gently used bikes at a reasonable price. Remember, proceeds benefit the Lapham Peak Snowmaking Project.

Ways you can help: Volunteer, Donate your Bike. Donate your Bike and Ski clothing and/or other Bike and Ski items. Your support helps make the snow happen.

See [BikeSwap-LaphamPeakFriends.org](http://BikeSwap-LaphamPeakFriends.org) for more details or contact Carol Doebler, [tortoiseski@wi.rr.com](mailto:tortoiseski@wi.rr.com) or Theresa, [trmmcd@yahoo.com](mailto:trmmcd@yahoo.com).

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## **UPAF Ride for the Arts**

*Sunday, June 3, 7:00 am*

Are you a fan of the music and arts community in SE Wisconsin? Join the Nordic Ski Club Cyclers Team on Sunday June 3, for the UPAF Ride for the Arts. Sally Heuer is the Team Captain for the 25-mile Own the Hoan route.

Register by April 30 for \$50. Registration after April 30 is \$65, and Event Day registration is \$75.

Here's the link to register: <http://upaf.org/upaf-events/ride/>

Our team will plan to gather around 7:00 a.m. one mile south of the Summerfest Grounds near CenterPointe Marine on Water Street. Also known as the KK River Trail, we can bike together to our 7:45 am start.

Questions? Contact Sally Heuer at [smiles@comp911.com](mailto:smiles@comp911.com), or 414-403-7911.

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## **Member Profile: Paul Keber**

*By Paula Brookmire*

Paul Keber joined the Nordic Ski Club of Milwaukee in November 1984. Enthusiastic and upbeat, he became active very quickly. He was on the clinics committee and on the race committee. In 1991, Paul became chair of the program committee after serving four years on the committee, first under Connie Nagel as chair and then under Dave Fowler as chair.

As of 2018, Paul had been on the program committee for 31 years, 27 as chair. Paul also served on the Nordic Ski Club board of directors when Jim Dieball (1991-'92) and Bob Randall (1992-'94) were club presidents.



As program committee chair, Paul plans the club's four to five annual ski trips to northern Wisconsin or Michigan's Upper Peninsula. This means setting dates that don't coincide with major ski races, reserving hotels and a bus company, recruiting and training trip leaders, and promoting the trips. He also recruits people to lead club events year-round. Paul also has led bicycling outings and camping trips for the club, among other events.

In the year 2000, Paul married Rita Koebel, another active ski-club member. Paul and Rita are also active in Friends of Lapham Peak Unit Kettle Moraine State Forest and the local chapter of the Ice Age Trail Alliance. Paul is a retired computer programmer / analyst who worked for JC Penney and then for Kohl's Department Stores. Paul has raced in the American Birkebeiner cross-country ski race 25 times.

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## **Mark Your Calendar!**

-Summer Picnic – VOLUNTEER LEADER NEEDED. Date and location

	to be determined. -Peninsula State Park Camping – Thursday, August 30 to Monday, September 3.	
<a href="#">Join/Renew Online</a>	<b>Nordic Ski Club of Milwaukee Inc. (NSCM) is a membership-based outing association active year-round since 1971.</b>	