



October 2017	A Year-Round Recreation Club Since 1971	Vol. 46 Issue 10
<p>In this Issue:</p> <p><i>Thursday, October 5</i> Winter Ski Trips Leader Training Paul Keber</p> <p><i>Friday, October 6</i> First Fridays at Five Juanita Becker</p> <p><i>Saturday, October 7</i> Bay View Hike Linda Hunn</p> <p><i>Saturday, October 14</i> Lake Geneva Trail Hike Mike Craig</p> <p><i>Friday, October 20</i> Ski Trip Signup Meeting The Board</p> <p><i>Saturday, October 21</i> Nordic Trail Hike Julie Amundson</p> <p><i>Saturday, October 28</i> Zilmer Trail Hike Mike Craig</p>	<p>Monthly Meeting And Events -</p> <p>Amelia Kegel on Biking, Club's Ski-Trip Signup</p> <p>Chris Kegel was a well-known supporter of bicycling in Wisconsin. Since his death in February 2017, Amelia Kegel, his daughter, has been honoring his legacy. She and her brother Noel run the Wheel & Sprocket bike and ski shops. The Kegel children have formed the Chris Kegel Fund to promote bicycling. On Oct. 20, Amelia Kegel will speak to the Nordic Ski Club of Milwaukee about the state of bicycling, the Kegel Fund, and the possible revival of her father's favorite ride, SAAGBRAW, which went across Wisconsin. She'll also address what's new in cross-country ski gear. At this meeting, the Nordic Ski Club will present a check for \$300 to Amelia for the Kegel Fund. The money was part of the club's fundraising effort last winter and spring to support skiing and biking. We'll also have the traditional sign-up for our bus trips to ski up north (see article on ski trips). After the program, there's time for socializing.</p> <p>What: Nordic Ski Club of Milwaukee monthly meeting Meeting place: Greenfield Park Pavilion 2028 S. 124th St.</p> <p>Date: Friday, Oct. 20, 2017 Times: 6:30 pm Socializing, pizza, beverages 7 :00 pm Ski-trip signup 7:30-7:45 pm Meeting, gift drawing for volunteers 8:00 pm Program</p> <p>Open to all Next meetings: Nov. 17 Retzer Nature Center, Dec. 16 Delafield Brew House</p> <hr/> <p>Ski-trip Signup Procedures <i>In-person registration Friday, October 20, 7:00 pm;</i> <i>Online registration opens Saturday, October 21</i></p> <p>The earliest opportunity to sign up for 2017-2018 NSCM bus ski trips is at the in-person registration on Friday, October 20 beginning at 7:00 pm, during the membership meeting. Both members and non-members are encouraged and invited to register for our trips. Ski-trip flyers are</p>	<p>Volunteers</p> <p>The Nordic Ski Club runs on volunteers. Please contact Renee Couture at acoutrr@att.net if you are interested in learning more.</p> <hr/> <p>Club Membership</p> <p>Membership Renewals due Oct. 1. Renew online. Then pay through PayPal or mail check to Pat Doornek. Dues - Individual \$25 Household \$35 Must be a current member to book ski trips at member rate.</p> <hr/> <p>Web Tips</p> <p>Adjust your profile settings so that fellow Nordic Members can see your name, address and phone numbers. Select "Members Only" to protect the information from the general public. Go to www.nordicskiclub.org and login to your profile. The login is in the upper right-hand corner. From there, the Member Tab will appear on the menu. Full instructions are located on that page in a PDF file.</p>

Contact Us:

Email nordicskiclub.mke@gmail.com

For membership information, call Pat Doornek 414-906-0629

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available on the club website and were in a September email sent to members. Don't mail in reservation forms if you plan to sign up at the in-person registration.

To prepare your registration, complete the reservation form for each ski trip and include a separate check payable to NSCM for the deposit amount. If you do not select the option to have the "trip letter" emailed to you several weeks before departure, please enclose a self-addressed, stamped, business-size envelope (9 1/2" x 4 1/8") with each reservation. Note that "four-to-a-room" means that there are four people and two beds in a room, with two people sharing each bed.

At the October in-person registration and meeting, one member of a household membership can bring all the reservation forms for their household. You can bring reservation forms for others who cannot attend the meeting, but please note the signup priority: 1st) Current Program Committee members, Board of Directors members, and ski-trip leaders. 2nd) People physically present at the October meeting on a first-come, first-served basis. 3rd) Reservation forms brought to the meeting for individuals not present in the signup line, as well as those reservation forms received by the ski-trip leader no later than the day prior to the October meeting, will be placed in a random drawing for that trip's open slots. 4th) Mailed reservation forms arriving on or after the October meeting date and online reservations.

Online ski-trip registration opens on Saturday, October 21. Online PayPal reservations require payment of the total amount. Online registration is generally available until one week prior to the departure date or until the trip fills. Save time, paper, postage, and gas---sign up online!

Please contact a member of the Program Committee if you have any questions.

Save Money! Sign up Early for Ski Trips

Save \$20 on any of this year's Wisconsin/Upper Michigan cross-country ski trips. Just sign up at least 30 days before the start of each trip. The Nordic Ski Club of Milwaukee wants to make it easier for both trip participants and trip leaders to plan and to avoid having to cancel a trip at the last minute. Worried about losing your large trip payment if you have to cancel? We have a solution.

In the past, we charged any unrecoverable costs or a minimum \$10 cancellation fee. In a few cases, people lost much of the trip cost. Starting this year on a trial basis, the maximum cancellation fee will be \$60. So if you cancelled a trip and there were \$30 in unrecoverable costs, you would lose \$30. But if you cancelled a trip and there were \$100 in unrecoverable costs, you would only lose \$60. So please help us out by signing up at the early price. This way trip leaders won't have to send out their ski trip letters multiple times and they can complete a rooming list early enough to meet the lodge's requirements.

We'll email all club members five days before the \$20 savings deadline for each ski trip. But we encourage you to sign up even sooner, preferably at the Oct. 20 club meeting. That starts at 6:30 p.m. at Greenfield Park Pavilion, Greenfield, Wis. For questions about this new policy, please contact Program Committee chair Paul Keber at pkeber@milwpc.com or

Add Photos To The Nordic Website

As a member of the Nordics, you may upload photos to your personal photo album or to the public albums.

For summer events, contact matteoni.paul@gmail.com

Next Month, Look For:

Exploring Cuisines Restaurant November 4
Cindy Wiktorek

Lapham Peak Trail Clearing November 11
Rita Keber

Monthly Meeting November 17
The Board

Local Hike November 18
Nancy Zoltowski

Holiday Party December 16
Elly Miller, Cathy Ward

Keweenaw Peninsula Ski Trip Dec. 29 - Jan. 1
Julie Amundson

If you are interested in leading a Nordic Event, or have a great idea for a member event, please contact a member of the Program Committee or Paul Keber, pkeber@milwpc.com

Website Chair:
Paul Matteoni matteoni.paul@gmail.com

Historian:
Paula Brookmire
(414) 527-0040

Newsletter:
Send Articles to:
newsletter@nordicskiclub.org

Membership Chair:
Pat Doornek
414-906-0629

*New memberships or
renewal forms may be
mailed to:*

Pat Doornek
3463 N. Newhall St.
Milwaukee, WI 53211

262-547-4827.

Registration Highlights for 2017-2018 Ski Trip Season

- **NEW! Save \$20 if registering at least 30 days** before the ski trip departure date. Signup early to save money.

- **NEW! Maximum \$60 fee for canceling a ski trip registration.** Pay the non-recoverable costs up to \$60, with the minimum cancellation fee remaining at \$10. Cap your potential risk when registering for a ski trip.

- **First opportunity to register for ski trips is Friday, October 20** at Greenfield Park Pavilion. Online registration begins Saturday, October 21.

We hope you'll sign up early and often. See you on the bus!

-- From the Program Committee

Ways You Can Help

Help keep our cross-country ski and hiking trails clear and promote skiing. You can have fun while working toward these goals of the Nordic Ski Club of Milwaukee. Last season our club had a large fundraising project. This year we're encouraging members to volunteer as a way to support outdoor recreation.

Here are some ways you can contribute this fall:

- **Oct. 21 (Saturday), 6 to 8:30 pm:** Help out along the moonlit forest trails at Lapham Peak State Forest during the Town of Delafield Fright Hike. This 20th annual fundraiser for Friends of Lapham Peak and Town of Delafield Parks & Recreation helps support the trails. Sign up in advance by emailing Angela Lorbach at parkandrec@townofdelafield.org. If you want to help Nordic Ski Club member Anne Riendl with security at the event, contact her at annemriendl@gmail.com.
- **Nov. 11 (Saturday), 9:00 am to noon:** Help with tasks such as trimming bushes during the Lapham Peak Trail Clearing at Lapham Peak State Forest. You're asked to bring some tools such as a rake, pruner, shovel, etc. This is a joint venture between Nordic Ski Club of Milwaukee and the Friends of Lapham Peak. To sign up, contact Rita Keber at rkeber@milwpc.com or 262-547-4827.
- **Nov. 11 (Saturday), all day:** Valley Spur trails in Hiawatha National Forest south of Munising, Mich. If you want to plan a weekend trip up north to hike, bike or kayak, consider including a day of trail clearing. Plan to drive up Friday, spend Saturday trail clearing and Sunday playing. Sign up with Peggy Carberry of the Valley Spur friends group at peggycarberry@jamadots.com.
- **For other ways you can help** the Nordic Ski Club support skiing, please contact president Carol Doeblner at Tortoiseski@wi.rr.com.

Ski Trip Leader/Assistants Training

Thursday, October 5, 7:00 pm

If you are leading a winter ski trip, want to be an assistant trip leader, or want to find out what's involved in leading or assisting on a ski trip, then

mark your calendar for Thursday, October 5. That's when our trip leader training session for next winter's ski trips will be held. You'll also discover the rewards of leading or assisting on a trip. The meeting starts at 7:00 pm at Paul Keber's home at 2000 Cobblestone Ct. in Waukesha (1 mi. south of I-94 off the Cty T exit). Please call Paul at 262-547-4827 or email at pkeber@milwpc.com to RSVP and for directions, or if you have any questions.

Lake Cottage Duo Concert

Friday, October 6, 5:00 pm

Start your autumn weekend with some music! Come hear Lake Cottage Duo, which is NSCM member Juanita Becker (pianist) and oboist Sheri Mattson, on Friday, October 6 at 5:00 pm for a "First Fridays at Five" concert at Grace Lutheran Church, 1209 North Broadway in downtown Milwaukee, at Juneau Avenue. Admission is free and a freewill offering will be taken. The concert will last about an hour. Street parking is metered until 6 pm.

The concert features music for oboe and piano by Antonio Vivaldi, Gordon Jacob, Dutch composer Henk Badings (this work is on the duo's CD), and Emma Lou Diemer. In addition, Juanita will play six solo piano preludes by the Dutch woman composer, Henriëtte Bosmans.

Lake Cottage Duo has performed at Milwaukee Art Museum, Ironwood Theatre, colleges and universities, and "Sunday Afternoon Live from the Chazen" on Wisconsin Public Radio. In 2015, after performing in Sweden at an international music conference, the duo gave a private concert at the residence of the Danish ambassador to Helsinki, Finland. Juanita is Associate Professor of Music at Wisconsin Lutheran College and has published a biography of Henriëtte Bosmans. Sheri is a native of Ironwood, Michigan (the home of ABR Trails) and is Professor of Oboe at the University of Central Missouri. Excerpts from a recital in Missouri can be viewed at https://www.youtube.com/watch?v=fqJ_cU4vC7k

Bay View Hike

Saturday, October 7, 9:45 am

Join other Nordics for a 5-6 mile hike starting at the South Shore Pavilion (off Nock Street ~ 5 blocks north of Oklahoma Avenue) in Bay View neighborhood of Milwaukee. Meet at South Shore Pavilion at 9:45 for a 10:00 start. Bathrooms are available, and the Saturday Farmer's Market will be running from 8:00 - 12:00, with a band starting at 10:00. Additional parking available below at the South Shore Yacht Club parking lot.

We'll hike south along the lakefront past the new FBI headquarters and Howard Avenue, and return through St. Ann Seminary Woods. If interested in socializing afterward, the South Shore Beer Garden will be open, or the St. Francis Brewery is nearby on Howard and Kinnickinnic.

Bring rain gear, water, and snacks. **Rain date will be Sunday, October 8.** Linda Hunn, 262-951-6905 or lushunn13@gmail.com

Lake Geneva Trail Hike

Saturday, October 14

Join other Nordics and Wisconsin Go Hikers for a nice autumn hike on the trail along the south shore of Lake Geneva. Meet at the McDonald's parking lot in Lake Geneva at 104 N Wells St by 9:00 am. N Wells St is 1 mile from the Hwy 12/Hwy 50 (W Main St) interchange near the lake. Make a left turn onto Wells St and McDonald's is a short distance on your right.

Shortly after 9am, cars will be shuttled to Fontana before returning to Lake Geneva where the one-way hike begins. The hike to Fontana will be a distance of 12 miles. Bring water and snacks or a sandwich to eat since there are no stops along the way. The hike should finish around 3 to 3:30 pm. After the hike we will get a bite to eat at a local restaurant in Fontana.

People who live in Milwaukee may wish to carpool from the Hales Corners Park & Ride at I43 Hwy 45 and Watertown Plank Rd. Plan to leave the Park & Ride by 8:00 am. Call Mike Craig at 414-552-5011 if you have any questions or for details on where to meet.

Nordic Trail Hike

Saturday, October 21, 10:00 am

Come One Come all to the Nordic Fall Hike On the Nordic Trails in the Southern Kettle Moraine. Feel the cool, crisp fall air, hear the rustle of leaves, see the earthy fall colors and smell the nutty air with your Nordic buddies.



WHY: The Nordic trails are a beautiful set of hiking trails located in the Southern Kettle Moraine. At this time of year, the trees will be well into their fall colors. There are 6 primary loops of trails: 0,6 to 9 mile distances. You can hike all or part of a trail, combine portions of loops to achieve the distance of your choice. The primarily intermediate rolling terrain offers a trail for everyone.

After working up a vigorous appetite: **Lunch at the Backyard Bike Shop:** in La Grange, WI.

Check out the menu at <http://www.backyardbikes.com/Default.asp>

This little out of the way café offers a unique and healthy menu for vegetarians and carnivores alike.

WHERE: The Nordic Hiking/ Ski Trail Head is located south of the town of Eagle on Hwy H just west of Hwy 67 across from the Emma

Carlin bike trails. Check out the following link.

<http://dnr.wi.gov/topic/parks/name/kms/trails.html>

Check out a map of the trail system,

<http://dnr.wi.gov/topic/parks/name/kms/pdfs/kmsnordictmap.pdf>

HOW DO I GET THERE: You can call me for directions, Julie Amundson: 262-567-4531 or car pool with a friend.

Here is a link to help you find your way.

<http://dnr.wi.gov/topic/parks/name/kms/pdfs/directionskms.pdf>

ZILLMER TRAIL HIKE

Saturday, October 28

Join Nordics and Wisconsin Go Hikers for a fall hike on the Zillmer trails in the Kettle Moraine State Forest - Northern Unit near Dundee, WI on Saturday, October 28. Meet at the Reuss Ice Age Center on Hwy 67 just west of Dundee by 11 am when the hike will begin. The address is N2875 State Hwy 67, Campbellsport. A state park sticker is not needed. You can also carpool from the Park & Ride at Hwy 45 and Good Hope Rd, leaving at 10:15 am.

We will hike the rolling hills of the 6 mile yellow trail. On the way home we will stop for a bite to eat at a sandwich shop in Kewaskum. Call hike leader Mike Craig at 414-552-5011 for more information.

Peak Nordic Ski Swap

This year Peak Nordic Ski Club will once again be holding their fundraising Ski Swap. Please see the link to the flyer for info:

<http://peaknordic.com/middle-school/equipment/ski-swap/>

If you have equipment you want to donate or sell, feel free to contact AnneMRiendL@gmail.com with questions or to make a drop-off plan specific to your needs.

Mark Your Calendar

Holiday party: Saturday, December 16 at Delafield Brewhaus.

2017-2018 ski trips (depart at 8:00 am):

- Keweenaw Peninsula – Fri., Dec. 29 to Mon., Jan. 1.
- ABR – Fri., Jan. 26 to Sun., Jan. 28.
- Minocqua – Fri., Feb. 9 to Sun., Feb. 11 (Five extra lodging rooms are being held for carpoolers who cannot leave at 8 am.)
- Valley Spur – Fri., Mar. 2 to Sun., Mar. 4.

The Friends of Lapham Peak Annual Meeting

Wednesday, November 1, 7:00 pm

The Friends of Lapham Peak invite you to attend their Annual Meeting on Wednesday Nov 1, 2017 at the Hausmann Nature Center at Lapham Peak at 7:00 pm. Hear Larry Kascht speak about the Tropical Rainforest of Costa Rica. Larry is a Naturalist Supervisor at Retzer Nature Center, Waukesha County Parks.

A map to the Hausmann Nature Center can be found here:

<http://www.laphampeakfriends.org/about-us/friends-information/>

For more information, contact Anne Riendl: AnneMRiendl@gmail.com or 262-547-8410 (Landline) or 262-366-6355 (cell).

Welcome to a New Ski Club

A new club formed in 2017 to support cross-country skiing. The Nordic Ski Club of Milwaukee (NSCM) welcomes the Lapham Peak Ski Club. The 46-year-old Nordic Ski Club is a year-round group with activities ranging from biking and camping to dinner excursions and theater nights. The Lapham Peak Ski Club (LPSC) will operate mainly during ski season and will focus on Lapham Peak State Forest, as many of its members live near there. Both groups support the snowmaking project and trails at Lapham Peak as well as the Peak Nordic youth skiers. The NSCM board looks forward to working with the new group on issues affecting trails, and we hope to plan a joint event. Several people already are members of both ski clubs and of the Friends of Lapham Peak. Paula Brookmire, NSCM secretary, attended the Sept. 12 kickoff meeting of the LPSC and invited their members to sign up for NSCM bus ski trips since LPSC won't be offering bus trips. "We're delighted to have another group that can bring attention to the benefits and fun of cross-country skiing," she said. "We're also inviting LPSC members to attend our free Winter Sky planetarium program Nov. 17 at Retzer Nature Center, at 7 p.m."

[Join/Renew Online](#)

**Nordic Ski Club of Milwaukee Inc. (NSCM)
is a membership-based outing association
active year-round since 1971.**